

RECREATION MANAGEMENT & RECREATION THERAPY



The Public Health and Recreation department is home to two (2) undergraduate degree program concentrations in Recreation Management and Recreation Therapy; and we offer minors in Recreation and Recreation and Nature.

RECREATION MANAGEMENT DEGREE HIGHLIGHTS

1. Employment in recreation, tourism and leisure is projected to grow 10% to 7,208,000 jobs by 2024. Annual salary for management occupations in community recreation ranges between \$106,000 and \$130,000.
2. 63% of Rec interns (2014-2016) reported finding a degree-related job within three months of graduation.
3. Program is accredited by the National Recreation and Parks Association, is the first academic recreation program in California, and offers an outstanding internship program.
4. The Recreation Management Concentration meets national and state certification exam requirements (RC & CPRP). All students are eligible to sit for both exams – post completion of the 480-hour full-time internship.
5. The program offers specialty courses in: Event Planning, Outdoor Recreation, Principles of Recreation and Park Management, Managing Areas & Facilities, Festival and Community Special Events, For-Profit Enterprises, Non-Profit Leadership & Management, Youth Development, Sustainable Recreation & Eco-Tourism and Sustainable Travel & Tourism.
6. Recreation, parks, sports, and arts/culture are the attractions that draw tourism-the largest and one of the fastest growing industries in the world today.
7. The faculty are diverse and fully engaged in research and service and bring those experiences into the classroom to further enrich student learning.

RECREATION THERAPY DEGREE HIGHLIGHTS

1. The number of jobs for Recreational Therapists nationwide is expected to grow at a faster than average rate of 12% between 2014-2024 as compared with all other occupations. The annual mean wage for Recreational Therapists employed in the San José/Santa Clara/Sunnyvale region is \$66,650.
2. Program is accredited by the National Recreation and Parks Association, is the first academic recreation program in California, and offers an outstanding internship program.
3. The Recreation Therapy concentration meets state and national certification exam requirements (RTC & CTRS). All RT students are eligible to sit for both exams - post the successful completion of the full-time internship.
4. The program offers specialty courses in: Introduction to Recreation Therapy Service, RT Interventions for People with Physical Conditions, Advanced Practices in Recreation Therapy, Facilitation Processes in Recreation Therapy, Recreation Therapy Procedures and the culminating class-Internship in Recreation Therapy.
5. The curriculum includes 760 hours of industry experience with students working in positions that expand their current skills and experience.
6. Faculty expertise in teaching, service and research contributing to the depth of the healthcare industry.
7. In acute health-care settings, such as hospitals and rehabilitation centers, recreational therapists treat and rehabilitate individuals in collaboration with physicians, nurses, psychologists, social workers and physical and occupational therapists. Patients served are veterans or persons with a SCI, TBI, psychiatric, correctional, and intellectual diagnosis - to name a few.

## PROGRAMS OFFERED

1. **B.S., Recreation with concentrations in:**
  - Recreation Management
  - Recreation Therapy
2. **Minor, Recreation, Recreation and Nature**

## GENERAL EDUCATION (GE) COURSES

Area E: RECL 10: Creating a Meaningful Life

Study how a meaningful life relates to the freedom to pursue happiness. Examines personal, social, and cultural bases for a creative and successful lifestyle. Learn to recognize and foster creative potential for lifelong personal growth, meaningful rewards, and leisure enjoyment.

Area S: RECL 111: Leisure, Culture & Identity

Perspectives of leisure as a source of self-expression and social control related to cultural beliefs, values, and practices and institutionalized social systems. Observation, analysis and critique of history and social structures, leisure and culture, and personal opportunities for change.

Area Z: RECL 100W: Writing Workshop

## SCHOLARSHIPS

1. Recreation Therapy Scholarship (Undergraduate students)
2. Paul Brown Scholarship (Undergraduate Recreation and Recreation Management students)

## EXAMPLES OF CAREERS RECREATION MANAGEMENT

- ◇ Parks & Recreation Manager / Director
- ◇ Festival and Event Coordinator
- ◇ Event Planning / Management
- ◇ Tourist Attraction/Theme Park Manager
- ◇ Family / Residential Camp Manager
- ◇ Retreat Director Conference Manger
- ◇ Corporate Training / Education Division
- ◇ Resort / Club Manager
- ◇ Manager of Aquatic Programs and Facilities
- ◇ Manager of Adventure Based Programs
- ◇ Travel & Tourism Operations / Cruise Industry

## EXAMPLES OF CAREERS RECREATION THERAPY

- ◇ Recreation/Rehabilitation Therapist
- ◇ Pediatric Hospitals
- ◇ Correctional Facilities
- ◇ Community Mental Health Centers
- ◇ Substance Abuse Centers
- ◇ Community Programs for People with Intellectual Disabilities (i.e. Autism, Pediatric conditions, etc.)
- ◇ Wilderness Therapy Programs
- ◇ Activities Director in Assisted Living
- ◇ Senior Center Activities Director
- ◇ Researcher/Educator

## ACADEMIC UNIT

Department of Public Health and Recreation

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Phone: 408-924-2970

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Web: [www.sjsu.edu/hsr](http://www.sjsu.edu/hsr)

## SJSU WEB LINKS

SJSU Home page: <http://www.sjsu.edu/>

Applying to SJSU: <https://www.calstate.edu/apply>

Aid and Scholarship: <http://www.sjsu.edu/faso>

Housing: <http://housing.sjsu.edu/>

Request Information about SJSU: <https://www.sjsu.edu/soar/>

Schedule of Classes: <https://www.sjsu.edu/classes/>

SJSU Catalog: <https://catalog.sjsu.edu/>

Writing Skills Test: <https://www.sjsu.edu/testing/>

Accessible Education Center: <http://www.sjsu.edu/aec/>

## CONTACTS

**Recreation Program Coordinator:**

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**Undergraduate Advising (Recreation Therapy):**

Dr. Suzy Ross / [Susan.Ross@sjsu.edu](mailto:Susan.Ross@sjsu.edu)

**Recreation/Recreation Mgt Advising**

Dr. Joshua Baur / [Joshua.Baur@sjsu.edu](mailto:Joshua.Baur@sjsu.edu)

**Faculty: Dr. Monica Allen (Department Chair)**

Dr. Joshua Baur / Dr. Suzy Ross / Dr. Monique Duphily /

Ms. BJ Grosvenor / Ms. Philly Toney