



# CASA's Commitment to Our Students

**SJSU**

**COLLEGE OF  
APPLIED SCIENCES  
AND ARTS**

**SPRING 2018  
NEWSLETTER**

## DEAN'S MESSAGE



Welcome to our Spring 2018 newsletter focused on celebrating the many ways that the College of Applied Sciences and Arts contributes to student success toward graduation. "Graduation Initiative 2025 is the California State University's ambitious initiative to increase graduation rates for all CSU students while eliminating opportunity and achievement gaps. Through this initiative the CSU will ensure that all students have the opportunity to graduate in a timely manner according to their personal goals, positively impacting their future and producing the graduates needed to power California and the nation." (<https://www2.calstate.edu/csuo-system/why-the-csu-matters/graduation-initiative-2025>)

Commencement 2018 is just weeks away and the celebrations of our college's many achievements have taken place throughout the semester. We started the semester by celebrating our faculty scholarly and creative activities at our Spring Sabbatical Showcase. CASA's deep, longstanding commitment to enhancing equity and diversity was highlighted that day with the Committee to Enhance Equity and Diversity Awards (CEED). In this newsletter, we feature the winners and the unique attributes that they bring to positively impact their world. The Health Building renovation is nearing completion with some spaces open. We are pleased to have opened two classrooms, some offices, and, with our commitment to student success, a second Student Success Center. You can read about the Success Centers' impressive impact on our students in and out of the classroom. The CASA Student Affairs Committee (SAC) has been busy advocating for student needs and providing advice on how best to support our students. For example, CASA and the SJSU Career Center just offered its first Health Careers Fair with 25 clients and 300 student attendees. It was initiated by a committed faculty member (Bethany Shifflett, thank you!) and developed with the advice of the CASA SAC. The numbers exceeded expectations and we are looking for even more participation in the next year.

The most recent celebration was the annual Honors Convocation where the college's undergraduate students who achieved academic honors (959 Dean's Scholar and 110 President's Scholar) were acknowledged for their classroom excellence. Did I mention CASA had the most honorees of any college? Supporting our students with good advising; internships, fieldwork, preceptorships; providing global experiences; relevant and innovative curriculum; opportunities to feel connected; and excellent, caring faculty are all crucial to supporting our students to achieve their goals and to the Graduation 2025 initiative. Student organizations are great for connecting students and the college has many student organizations that students can join. In this newsletter, we are featuring the Department of Health Science and Recreation's many student organizations. In future newsletters, we will feature more of these student clubs in other departments and schools.

The penultimate celebration for the college is related to our increase in numbers of scholarships that the college is awarding to students. Thank you all for your generous support of our students. This year, we will award over 300 students scholarships as a college, including a record 59 for the global experience courses as well as our first special sessions scholarships in the School of Information (42). We feature the Department of Justice Studies' Student Success Fund developed to assist their students and to make their college life just a little bit easier. We also are featuring our newest endowments that will continue to support our students in their academic work.

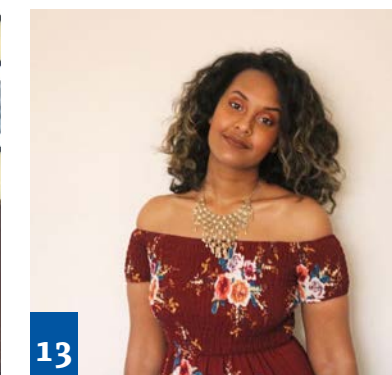
This summer we plan to more fully support our students and community by more clearly identifying who we are. We celebrate the collaborative and supportive process that identified our new name, College of Health and Human Sciences beginning Fall 2018.

We celebrate your support that enables the college to continue to offer the many programs and services crucial to the success of our students. All of you are part of what makes this college so successful, thank you!

**Dr. Mary C. Schutten**  
Dean, College of Applied Sciences and Arts

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### *In Memoriam*

Earlier this year, CASA lost a valued faculty member. Dr. Kate Sullivan, Hospitality, Tourism and Event Management, passed away unexpectedly. She was one of the founders of the Department of Hospitality Management at San José State University which is today's Department of Hospitality, Tourism and Event Management.

Dr. Sullivan was a full professor, internship coordinator and was entering her 29th year at SJSU. She was known for her expertise in planning meetings, conventions, expositions and events.

CASA also mourns the loss of four students whose unexpected death happened earlier this year.



# COMMENCING TO A NEW COLLEGE NAME



This was a recent message from Provost Feinstein:

After much discussion with the faculty and leadership in the College of Applied Sciences and Arts and surveys of more than 1,300 college stakeholders including students, faculty, staff and alumni, and with the support of President Mary Papazian, I am pleased to share that the college will transition to a new name as the College of Health and Human Sciences this summer.

With this change in name, we have the opportunity to establish San José State University more strongly as a leader in the interdisciplinary fields of health, wellness and human sciences. We are also poised to play an integral role in addressing the complex and emerging healthcare needs of the 21st century through the education of a new generation of health and human sciences providers, as well as the next generation of well-informed health and wellness consumers. This is especially important as half of the fastest growing jobs are in health and human services according to the U.S. Bureau of Labor Statistics, and as healthcare spending is anticipated to reach one-fifth of the nation's economy in 2025.

I appreciate all the students, faculty, staff, alumni and external stakeholders who participated in a thoughtful and collaborative process to identify elements of the college's core values and identity. This new name will allow us to communicate more effectively those priorities as a university and with external partners.

Comprised of ten schools and departments, CASA has long been recognized for its excellence in preparing both undergraduate and graduate students for professional work in fields related to health and community wellness, applied sciences and human services. CASA has capitalized on its unique interconnectedness of health professions and applied sciences to provide interdisciplinary experiences for students in the classroom and in field-based internships, to leverage cutting-edge, applied research in addressing complex problems, and, to develop strong, committed community partnerships. In addition to its strong applied, interdisciplinary focus, CASA has historically had a longstanding commitment to incorporating principles of social justice and human rights into academic work at every level and to extending its reach through a commitment to enhancing global connections and educating global citizens. Utilizing the strengths of its ten schools and departments plus the ROTC, the college has served as a leader in promoting evidence-based, healthy outcomes for the region, California, and beyond. This past year, the CASA faculty, staff, students and alums have engaged in a dialog and provided feedback on a new name to more clearly highlight our focus on health and wellness.



Health Building Room 106 is a new classroom used for interdisciplinary courses with extensive use of small group activity and discussion with interactive technology.



## HEALTH BUILDING OPENS TO CASA STUDENTS AND FACULTY

After three years of planning and another three years of construction, the two newly renovated floors of the Health Building partially opened to CASA students and faculty early in the Spring 2018 semester. The Health Building now offers a second location for the CASA Student Success Center, which includes advisor offices, tutoring rooms, and a lounge area for workshops and studying. The building also includes new research and teaching labs and clinics for Nutrition, Food Science and Packaging; Occupational Therapy; and Forensic Science. It also has two traditional conference rooms and one casual meeting room, all of which can be reserved online by faculty, staff, and student groups.

The building is also home to a smart classroom that houses technology to facilitate small group collaborative work and presentations, and offices for faculty from five different CASA departments. A major objective for the renovation was to provide spaces for hands-on learning and interdisciplinary collaboration. The new teaching spaces, meeting rooms, and offices greatly expand the opportunities for CASA faculty and students to work and collaborate across disciplines. The building is expected to be fully completed and occupied by the beginning of Fall 2018.



“ There was a need for interdisciplinary space and we are all elated the project is near completion for us to utilize. ”

- Pam Richardson, Associate Dean

# CASA's Academic Advisors

Anthony Korsund

Talisha Teague

Francesca Spindel

Jeremy Hansen

Hugo Mora-Torres

## CREATING MORE SPACE FOR STUDENT SUCCESS

The CASA Student Success Center now has two locations, Macquarrie Hall, Room 533 and in the new remodeled Health Building, Room 140.

The mission of the CASA SSC is to provide resources and non-major related advising for new and continuing students to develop the skills and knowledge necessary to achieve academic success and graduate in a timely manner. Both locations offer a quiet study space for students, small rooms for group meetings, laptops and iPads for check out for use in the center, and in the MacQuarrie Hall location, students have access to refrigeration, water and a microwave oven.

The CASA SSC's two locations are a mecca for academic advising resources, such as advisement for general education, academic policies & procedures, probation/reinstatement, change of major, two year and four-year academic planning, semester course planning, and referrals.

SSC provides peer advising for probation support, general academic policies, time management, study skills, and major advice from peer perspective.

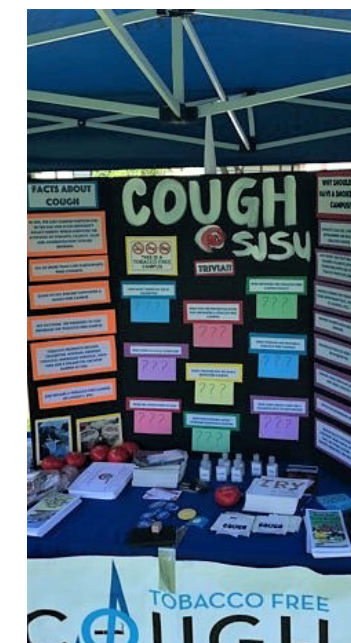
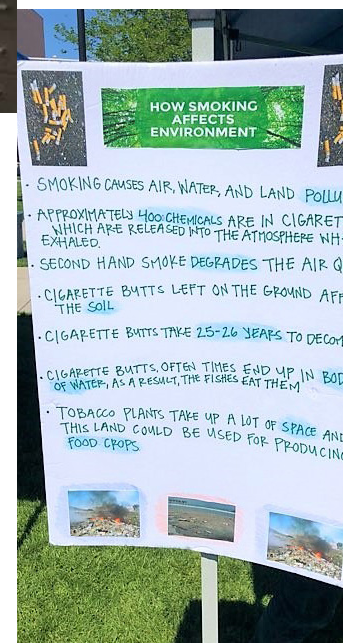
The center also provides academic support which includes free drop-in tutoring for Chemistry 30A, Biology 65 & 66, and Statistics 95. In addition, the CASA SSC offers a robust probation intervention program. If students are interested in graduate school, the center provides workshops to prepare students for

graduate school that include Graduate Record Exam success strategies, how to write an effective statement of purpose and advice on the timeline involved in applying to graduate programs.

About 5,000 CASA undergraduates in the following majors: Health Science & Recreation; Hospitality, Journalism – Advertising and Public Relations; Justice Studies – Forensic Science (chemistry & biology); Kinesiology; Nursing (not pre-nursing – now undeclared/pre-nursing); Nutrition and Packaging; and Social Work; take advantage of the CASA SSC. Visitations to the CASA SSC during the Fall 2017 semester, however, were twice that number. “According to our data, in Fall 2017, 9,769 students visited our center,” says Anthony Korsund, CASA SSC Director. “That’s approximately 390 students per week on average.”

The strategic plan initiatives for the CASA SSC is to work with freshman and transfer students to facilitate a smooth transition to the university. The center takes pride in working closely with vulnerable or at-risk students, defined as students in academic difficulty who are on probation or struggling in classes, and working with students hoping to change their major but do not meet impactation criteria. They also work with departments and schools on advising issues, supporting faculty with questions about campus policies and procedures, and providing departments with information on general education requirements.

“The CASA Student Success Center provides a sense of community for our college, and for a campus largely thought to be a commuter school,” says Korsund. “We are the only college on campus to have two locations, and we hope to maximize the use of this space for our CASA majors. Our motto continues to be we are a great place to meet, study and learn.”



# SPARTANS GETTING INVOLVED

The Department of Health Science & Recreation offers many student organizations that are involved in community service and professional development. Students have the opportunity to meet new people, network with alumni and other professionals, and get to know faculty outside of the classroom.

### COUGH@SJSU

Raising awareness on the issues related to tobacco use on personal, community, and environmental health.

### HS 104 Service Learning Club

Promotes and supports health in the community through events and activities related to health.

### Health Science Honor Society

Supports students with professional development, peer mentoring, and social support.

### Public Health Peer Advisors

Public Health students volunteer to help other students navigate their way through the major.

### The Master of Public Health Student Association

Promotes and facilitates professional development, alumni relations, communication, and peer support among graduate students and to serve as a liaison between students and faculty.

### Health Leadership Organization

A student organization open to all students interested in the health service administration field.

### Future Professionals in Health & Aging

Dedicated to the advancement of education around health and aging.

### The Pre-Physician Assistant Society

Aims to become the primary resource for students to learn more about the fast growing, and important Physician Assistant profession.

### The Recreation Management Club

Promotes and facilitates professional development, communication, and peer support among general recreation and recreation management students. Also serves as a liaison between students and faculty.

### The Recreation Therapy Club

Supports students in this concentration as they learn about the field, explore career options, and support each other. The club serves as a learning community to advance education, inspire camaraderie and social support, and promote health and well-being of students.



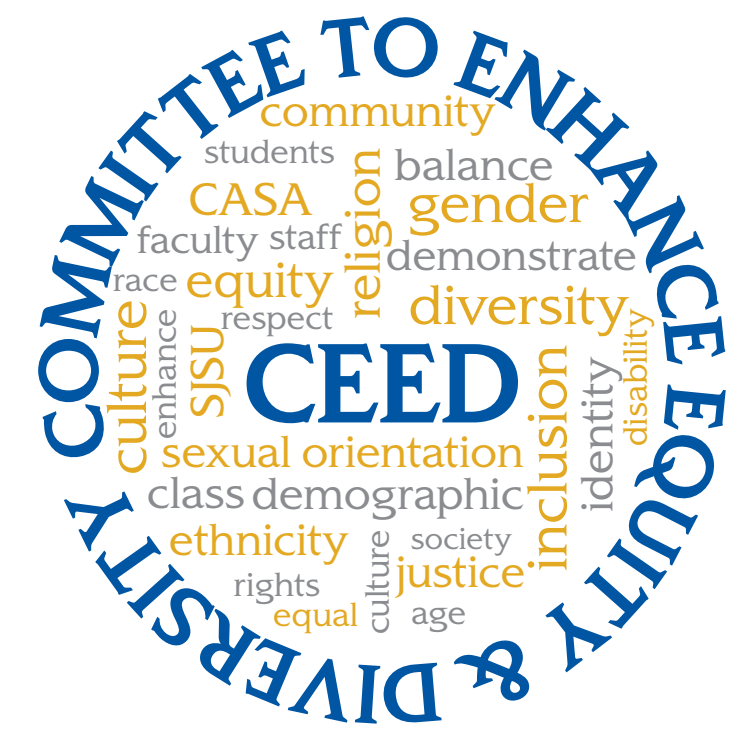
# STRENGTHENING EQUITY & DIVERSITY

## CASA CEED AWARDS

The 2017-18 CASA Committee to Enhance Equity and Diversity (CEED) Awards were given at the College of Applied Sciences and Arts Spring 2018 Welcome Assembly.

The mission of the CEED Awards is “to enhance the mission of CASA by promoting a deeper understanding of equity and diversity by recognizing and being responsive to issues on age, class, disability, ethnicity, gender, race, religion, and sexual orientation.”

We are very proud of the CASA Community’s commitment to **diversity** and **equity**. Congratulations to all of the awardees!



Undergraduate Student Award  
**Christopher Rosalejos**  
 Department of Hospitality, Tourism and Event Management



Christopher

Undergraduate Student Award  
**Giovanni Sumulong**  
 Department of Nutrition, Food Science, and Packaging



Giovanni

Graduate Student Award  
**Layling Chang**  
 School of Social Work



Layling

Student Organization Award  
**Student Occupational Therapy Association (SOTA)**

Department of Occupational Therapy  
 Representing SOTA: (left to right)  
 Lisa Benjamin, Erin Lubniewski and Kaylene DeBord



SOTA

Faculty Award  
**Deepa Singamsetti**  
 Department of Nutrition, Food Science, and Packaging



Deepa

# THANK YOU FOR YOUR CONTINUED SUPPORT

We would like to express our appreciation for your continued generosity to our scholarships and programs in the college. It is through your contributions that we were able to award nearly 200 scholarships last year from 127 funds. Your support of 66 program funds allowed faculty and students to conduct research, attend professional conferences and competitions, as well as purchase new equipment and supplies. **THANK YOU!**

## ANNOUNCING NEW FUNDS

### The Conrad V. & Judy Schmitt Nursing Scholarship

Created by Conrad in memory of Judy. This scholarship provides the largest single award (\$15,000) to a nursing student with financial need. This next year will provide two awards and the third year will provide three student awards, which will continue in perpetuity.

### The Yvonne & Jon Valencia Memorial Nursing Scholarship

Created by Jon's husband Mark Harding and their friends. They were inspired by the nurses who took care of Jon and his mother Yvonne, a retired nurse herself.

### The Wynn Schultz-Krohn Occupational Therapy Endowed Scholarship

Created by Wynn's sister and brother-in-law, Donna & Don Friedrich. It will provide two or more scholarships per year for students accepted and enrolled in the Occupational Therapy program.

### The Dr. Lucy McProud Endowment

Created by Lucy upon her retirement as Department Chair of Nutrition, Food Science and Packaging. The fund will provide registration, travel and lodging costs for students to attend professional meetings and conferences.

### The Dr. Cathy Buell Scholarship for Physical Education Credential Candidates

Created by retired instructor Cathy, who saw the need for students to have the ability to focus on their student teaching without having to juggle another job.

### The Shelby B. Brewer Memorial Scholarship

Created by parents Martin and Cheryl Brewer for a Justice Studies student.

### The Rich Larson & Beat Giger SEMT Scholarship

This scholarship is for students in the SJSU/Pebble Beach Special Event Management Team.

### The Social Work Field Instructors Recognition Fund

Created by Shaaron Gilson to bring in guest speakers, host annual celebrations, and to pay for conference attendance.

### The Social Work Writing Scholarship

Created by Dr. Raymond and Lucille Lee to provide writing tutoring assistance to social work students.

We've also received notification of several estate gifts from our supporters upon their death (hopefully many years in the future). We celebrate their fore thought and generosity.

Dr. Conrad Schmitt (BA '74, MA '76) has made plans to endow the Conrad V. & Judy Schmitt Nursing Scholarship.

Dr. Manfred Eberhardt has made plans for the Marlowe J. Lenz Memorial Scholarship in nursing in memory of his wife.

Susan Robertson, PhD (MS, '77) has made plans to establish the Susan C. Robertson Occupational Therapy Endowed position. It will be the first endowed position in Occupational Therapy.

If you would like to contribute or want more information, contact:

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Director of Development  
(408) 924-1328 or (530) 340-2278  
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## Department of Justice Studies Student Success Endowment Fund



The Department of Justice Studies has established a Student Success Endowment Fund. Dr. James Lee, Chair, Department of Justice Studies, saw a need in the department for funds that would directly benefit students by supporting activities outside the classroom. "If you are going to have successful students, you need to get them involved. My thoughts were, how do we get a revenue stream for that kind of thing," says Dr. Lee.

Dr. Lee explained that the Student Success Fund was established to allow the department to help students with more than just tuition and fees as in the traditional scholarship model. The fund's purpose is to ensure that the department's students may attend professional conferences, pay for students' supplies to build demonstrations of justice practices, issues, or even crime scenes, travel to meet the new international experience requirement, have current technology available, and facilitate field trips and other important endeavors, even in bad economic times. If money is not available elsewhere, the fund may step in to ensure students get the best experiences possible to prepare for their careers in criminal and social justice.

"This was an idea that Dr. Lee came up with," says Jan Hagemann, Justice Studies Lecturer Emerita. "The proceeds from this event allows the department to shore up funds for student activities."

Hagemann has led this effort for the past four years with the assistance and leadership of Ruben Chavez, alumnus and Chief of Police at Livingston Police Department.

The student success endowment fundraising has exceeded 50% of its \$50,000 goal. The challenge now is to keep the momentum and raise another \$23,000 to codify the endowment to start distributing funds.



# Department of Nutrition, Food Science, & Packaging

## Rauens Fund Student Research

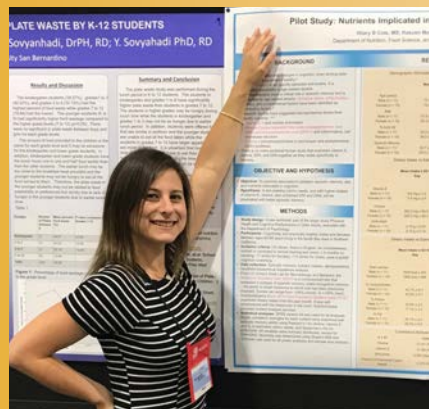


Molly Rauen came to San José State University in the 70's to complete a Master's degree so she could work as a Registered Dietician. Molly was able to conduct ground-breaking research while she was a student. The year after she graduated her research was published in a professional journal. Molly had a successful career with Santa Clara County and her husband Gene has a successful career as an attorney.

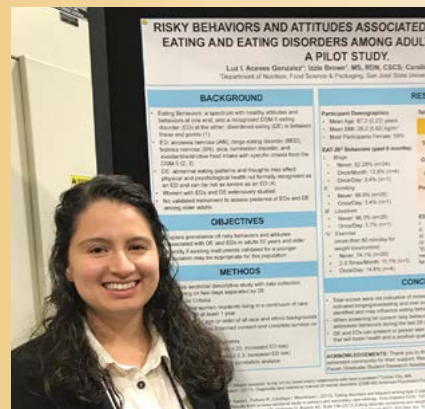
In 2003 they set up the Molly & Gene Rauen Endowment in the Nutrition, Food Science and Packaging Department in 2003 to provide students with the same research opportunity that Molly had experienced.

Jesus Dimas under the supervision of Dr. Ashwini Wagle and Dr. Clarie Hollenbeck, applied for funding from the Rauen Endowment for a research project "Sunlight Therapy as a Strategy to Improve Vitamin D Status in Skilled Nursing Facility Older Adult Patients: A Pilot Study". The study conducted at a facility for older adults examined the effects of sunlight on vitamin D levels in the blood. Working with the facility, they were able to get the base-line blood tests taken and funded. Residents in the facility were split into two groups, those who liked to garden and would spend 30 minutes in the sun and those who stayed primarily inside or in the shade. The gardening group was exposed to 30 minutes of sunlight 3 days a week for 6 weeks while the other group was not. The Rauen's endowment funding paid for the post experiment blood tests. The pilot testing showed an improvement of vitamin D in the blood. Although it was a small sample, it showed that a larger study was warranted. The study was later published in the Journal of Geriatric Medicine and Gerontology.

## 2017-18 Scholarship Awardees



**HILARY COLE**



**LUZ ACEVES GONZALES**



**MARY HALL**

## Conrad V. & Judy Schmitt Nursing Scholarship

Judy and Conrad Schmitt were two remarkable people whose 40 years together began at San José State University in January 1976 where they met for the first time. This partnership would result in a lifetime of service to others. Judy provided care to patients that was thoughtful and inspired, but perhaps more importantly, she devoted herself to the educational development of others in the health care field, both by teaching and by mentoring. She was known for being supportive but also direct, as she generously helped others with her knowledge, compassion and sense of humor. In life, Judy succeeded in making a difference in countless people's lives, and through them her legacy continues.

Judy was an American Airlines stewardess from 1966 to 1972. After several stints in various junior colleges, she was admitted to the Nursing program at San José State, where she met Conrad. She received her Bachelor of Science degree in December 1976. Conrad was enrolled in San José State College from 1964-1966, then enlisting in the U. S. Navy and went to Viet Nam the entire year of 1967. He left the Navy in July 1970 and restarted his college career. He completed his Bachelor of Arts in Psychology in 1974 and after meeting Judy a Master's Degree in 1976.



They moved to Austin, Texas, where Judy completed her MSN in 1978 and Conrad received his PhD in 1982 and later an M.D. Later Judy completed an MBA in 1997.

Both lovers of travel, Conrad worked for the Department of State as a psychiatrist overseas. They lived and worked in West Africa, Germany, Italy, Switzerland, Denmark, and then East and Central Africa. In 2010, Judy was struck down by a serious illness and sadly passed away in 2016.

Throughout her nursing career, Judy was a respected teacher, a strong advocate for women's rights, and a loving, inspiring mentor to many. The Conrad V. & Judy Schmitt Scholarship in Nursing is one way to remember Judy's life and good works, and to assist students with needs to achieve a goal that might not otherwise have been possible.



It is a great honor to receive this award. I am humbled and grateful to have been selected.



## Nardos Darkera: 2018 Outstanding Graduating Senior Award

At the May 2018 Graduation Commencement, SJSU will present Nardos Darkera, Public Health major, with the Outstanding Graduating Senior Award. The award recognizes both academic excellence and outstanding service to the University and community.

“It is a great honor to receive this award. I am humbled and grateful to have been selected,” Nardos said. “This award indicates that I’ve succeeded in my goals of working toward earning a good, solid education and having a positive impact on the school and my fellow Spartans.”

Congratulations, Nardos!

SCHOOL OF INFORMATION

## Student Research Journal

As the School of Information Student Research Journal (SRJ) reaches their 100,000th article download milestone, they reflect on the past, and focus on their future. SRJ was launched in 2010 with the vision of a double-blind, peer reviewed, open access journal run by graduate students to publish scholarship produced by graduate students in the field of library and information science.

Since 2010, SRJ has published 80 articles. Some of these articles have been invited contributions from faculty members, but the majority are works written by graduate students. SRJ has included authors from San José State University, the State University of New York at Buffalo, and most recently the Catholic University of America, to name only a few.

For each submission that SRJ receives, they send detailed and constructive feedback to the authors. SRJ continues to be a supportive environment for graduate students looking to experience the publication process, whether from the perspective of an author or an editor.

Each semester SRJ recruits and trains new members for their editorial team. The editors receive extensive training about writing and evaluating scholarly materials.

For more information, please check out SRJ’s website:

<http://scholarworks.sjsu.edu/slissrj/>

SRJ Video: <https://www.youtube.com/watch?v=ddLIIQJ4c8o>

### SRJ’s Editorial Team

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Content Editor

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Content/Copy Editor

**Mary Malone**  
Content Editor

## REACHING MILESTONES



### 25 Years

Launched in 1993 as a small program with a handful of students, the Department of Hospitality, Tourism and Event Management (HTEM) is celebrating its 25-year anniversary. “HTEM has not only mirrored the growth of the City of San José in becoming the Capital of Silicon Valley, but has also embraced the entrepreneurship, enthusiasm and vision which makes Silicon Valley the host to the global technology community,” says Tsu-Hong Yen, Chair, HTEM. Congratulations to the Department of Hospitality, Tourism and Event Management on a successful 25 years.



### 70 Years

San José State University honored Yoshihiro Uchida on April 5, 2018, for his 70-years of coaching at the university. The 98-year old judo coach started the judo program at SJSU in 1946 and turned it into the top collegiate judo program in the United States. He’s also credited with making judo an Olympic sport.



### 75 Years

The Department of Occupational Therapy is celebrating its 75-year anniversary in Fall, 2018. The celebration will take place on Friday, October 5, in the Student Union Rooms 1A & B. Dr. Winifred Schultz-Krohn, Professor and Chair, Occupational Therapy will begin the day by welcoming the attendees. For more details or to register for this event go to [www.sjsu.edu/occupationaltherapy/](http://www.sjsu.edu/occupationaltherapy/).



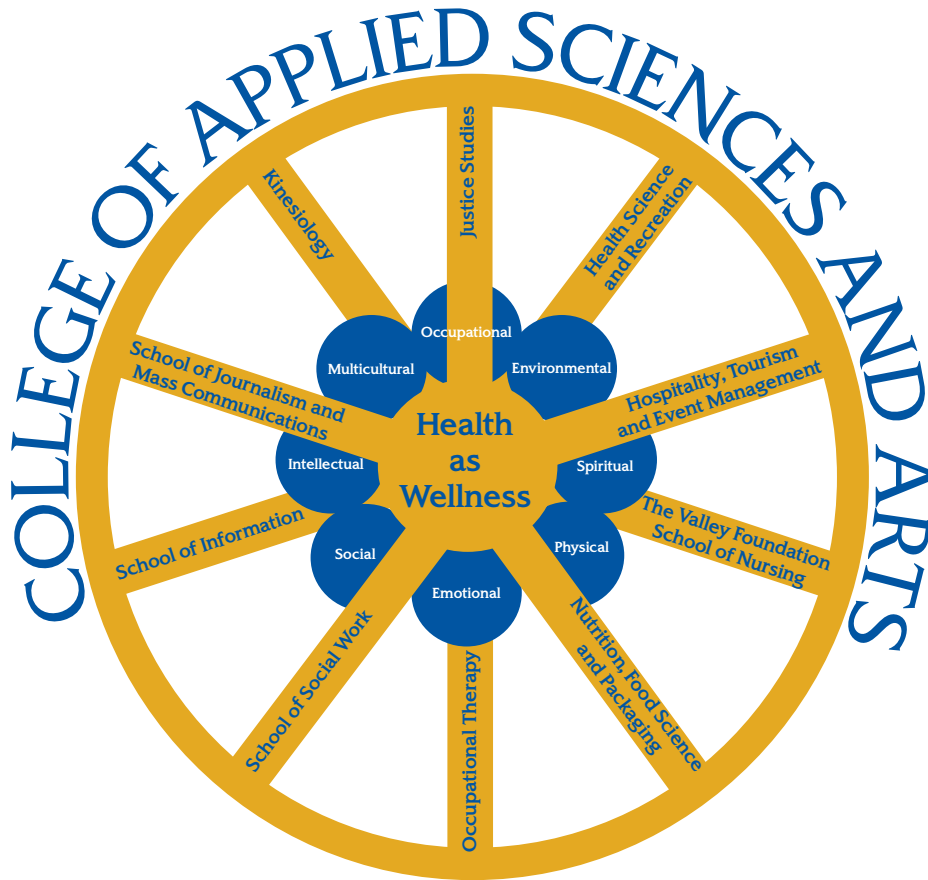


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**We Are:**  
Applied in Nature  
Community Focused  
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**We Promote:**  
Social Justice  
Innovation  
Global Awareness  
Health as Wellness

## SHARE YOUR NEWS WITH US

Are you a faculty member conducting exciting research or partnering with groups in the community? Are you a student who has recently received an award? Are you an alum who has exciting things happening in your career? We are interested in hearing from you for our college blog, social media site updates and newsletter. Share your news by sending an email to: [applied-sciences-and-arts@sjsu.edu](mailto:applied-sciences-and-arts@sjsu.edu).



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