



SAN JOSE STATE UNIVERSITY
ENGINEERING STUDENT SUCCESS CENTER (ESSC)

SOPHOMORE SUCCESS CHECKLISTS

Academic and Career Development

**STAY ON TRACK WITH ACADEMICS.
START PLANNING YOUR FUTURE.**

Sophomores are students who have 30-59 units.
Short on credits? Make an appointment today!

ACADEMIC DEVELOPMENT CHECKLIST

FULL LOAD OF COURSES.

- Take 12 units for a full-time load, and 15 units to finish in four years

DECLARE YOUR MAJOR. EXPLORE MINORS.

- Attend a Change of Major workshop by the ESSC

PROGRESS WITH GENERAL EDUCATION (GE) COURSES.

- Finishing core GE's A-E and American Institution Requirements to prepare for your upper division GE's.

UTILIZE MYPLANNER AND MYPROGRESS.

- Visit one.sjsu.edu to for your path and progress towards your degree

SEEK OUT SERVICES.

- Meet with your Major Advisor, attend tutoring at Peer Connections, visit the Writing Center, look into Studying Abroad, etc.

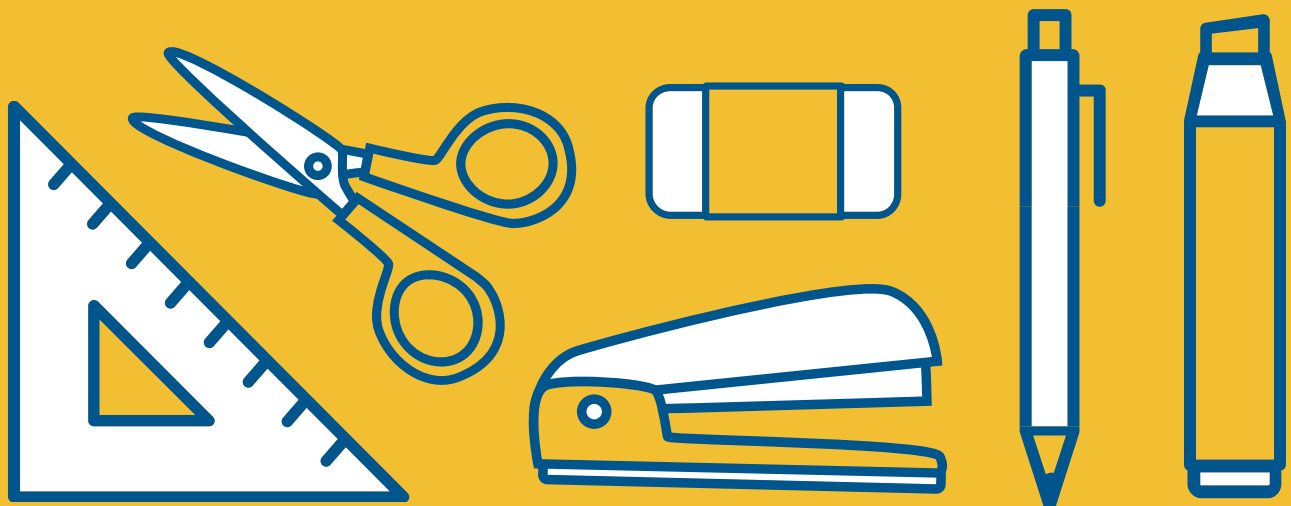
APPLY TO SCHOLARSHIPS.

- Seek available scholarships through SJSU or private companies

TIME MANAGEMENT.

- Develop a schedule to optimize your learning experience and life

*Need help? Want more information?
Make an appointment with the ESSC today!*



CAREER/PROFESSIONAL DEVELOPMENT CHECKLIST

MEET WITH YOUR CAREER ADVISOR.

- Develop your resume, cover letter, and interviewing skills

APPLY FOR INTERNSHIPS.

- Use SJSU Handshake and LinkedIn to find internship opportunities and some Career Center programs

BUILD YOUR SKILLS.

- Identify your strengths with the Skills Gap Analysis handout, and find out what you need to work on

JOIN A CLUB/ORGANIZATION.

- Get involved with life on campus to find opportunities, make connections, attend events, and to build your resume

EXPAND YOUR NETWORK.

- Check out SJSU Mentoring and Meetups to meet with professors, staff, faculty, and alumni to gain insight on field experience

BELIEVE IN YOURSELF.

- Maintain a positive outlook and push through

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