

**ADVISING FORM FOR SAGE B.S. AND M.S. NUTRITIONAL SCIENCE
 FOOD MANAGEMENT CONCENTRATION**

Name: _____ ID#: _____ Advisor: _____
 Street Address: _____ Phone: _____
 City, State, Zip: _____ Email: _____

CORE SUPPORT COURSE (17 UNITS)

Subject Area/Catalog #	Units	Course Title	GE Areas ¹	Semester Offered	Sem/Yr or Grade
Biol 66	5	Physiology	B2 + B3	S	_____
Chem 30A	3	Intro to Chemistry	B1 + B3	F,S	_____
Chem 30B	3	Organic Chemistry		S	_____
NuFS 100W	3	Writing Workshop	WID	F,S	_____
Stat 95 ⁴ or HS 67	3	Statistics	B4	F,S	_____

CORE MAJOR COURSES (34 UNITS)

NuFS 8	3	Nutrition Health Prof		F,S	_____
NuFS 20	2	Sanitation & Envir Issues		F,S	_____
NuFS 31	1	Professionalism NuFS		F,S	_____
NuFS 101A	4	Food Science		F,S	_____
NuFS 103	2	Food Process & Pkg I		F,S	_____
NuFS 106A ⁵	3	Human Nutr Life Span		F,S	_____
NuFS 106B	3	Research Method Nutr		F,S	_____
NuFS 111	3	Foodservice Prod'n Mgmt		F,S	_____
NuFS 134	3	Comp Alt Health	S	F,S	_____
NuFS 151	2	Food Microbiology		F,S	_____
NuFS 192	2	Field Experience		F,S	_____
Pkg 107	3	Principles of Pkg		F,S	_____
<u>COMPLETE ONE COURSE FROM:</u>					
NuFS 139	3	Hunger & Environ Nutrition	R	F,S	_____
Nufs 144	3	Food Culture: Consuming Passions	V	F,S	_____

CONCENTRATION COURSES (23 UNITS)

NuFS 21	3	Culinary Principles & Practice		F,S	_____
NuFS 22	3	Catering and Beverage Mgmt		F	_____
NuFS 25	2	Internship in Foodservice Mgmt		F,S	_____
NuFS 104A	3	Cultural Aspects of Food		S	_____
NuFS 113	3	Foodservice Sys: Mgmt & Proc		F,S	_____
NuFS 114A	3	Community Nutrition		F,S	_____
NuFS 190	3	Nutrition Education		F,S	_____
Bus 20N	3	Survey of Accounting		F,S	_____

MAJOR ELECTIVES

(SELECT 11 UNITS)

NuFS 10	3	Basic Life Skills	E	F,S	_____
NuFS 103L	1	Food Proc & Pkg lab		F,S	_____
NuFS 105	3	Current Issues in Nutr		F,S	_____
NuFS 116	3	Aging and Nutr		F,S	_____
NuFS 194	1	Entrep Nutr		Alt F	_____
Pkg 169	3	Food Packaging		S	_____
Span 001A or 004A	4	Basic Spanish		F,S	_____
Or by Advisement					_____

¹Courses fulfill requirements for General Education (GE) Areas as specified.

²A minor in Business is recommended. Students may select courses from the following: BUS80, BUS130, BUS135A, BUS140, BUS166, BUS 197 or by advisement

**ADVISING FORM FOR SAGE B.S. AND M.S. NUTRITIONAL SCIENCE
FOOD MANAGEMENT CONCENTRATION**

**The following road map is an advising tool that outlines a path of courses a student can take to complete requirements for graduation. This roadmap should be used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums).
Students must have 60+ units in order to take SJSU Studies courses.**

Fall Semester – Year 1		Spring Semester – Year 1	
<u>Course or Requirement</u>	<u>Units</u>	<u>Course or Requirement</u>	<u>Units</u>
Chem 30A Intro to Chem (Area B1/B3)	3	Chem 30B Intro Chem	3
Eng 1A First Year Writing (Area A2)	3	NuFS 20 Sanitation & Envir Issues	2
Oral Comm (Area A1)	3	NuFS 8 Nutr. For Hlth Profession	3
NuFS 10 Basic Life Skills (Area E)	3	Critical Thinking & Writing (Area A3)	3
NuFS 31 Profess in NuFS/Pkg	1	Stat 95 or HS 67 Statistic (Area B4)	3
Physical Education	<u>1</u>	Physical Education	<u>1</u>
	14		15
Fall Semester – Year 2		Spring Semester – Year 2	
<u>Course or Requirement</u>	<u>Units</u>	<u>Course or Requirement</u>	<u>Units</u>
Major Elective	3	Biol 66 Physiology (Area B2+B3)	5
General Education (Area C1)	3	Major Elective	2
General Education (Area F)	3	NuFS 21 Culinary Prin & Practice	3
General Education (Area C1 or C2)	3	General Education (Area C2)	3
General Education Area (D2, US1-3)	<u>3</u>	General Education (Area D3, US1-3)	<u>3</u>
*** (Register to take WST) ***	15		16
Fall Semester – Year 3		Spring Semester – Year 3	
<u>Course or Requirement</u>	<u>Units</u>	<u>Course or Requirement</u>	<u>Units</u>
NuFS 101A Food Science	4	NuFS 103 Food Processing & Pkg I	2
NuFS 106A ¹ Human Nutr Life Span	3	NuFS 104A Cult. Aspects of Food	3
NuFS 22 Catering & Beverage Management	3	Major Elective	3
NUFS 100W Writing Workshop (WID)	3	NuFS 111 Foodserv Prod Mgmt	3
Pkg 107 Packaging	<u>3</u>	NuFS 106B Research Methodology	3
	16	NuFS 151 Food Microbiology	<u>2</u>
			16
Fall Semester – Year 4		Spring Semester – Year 4	
<u>Course or Requirement</u>	<u>Units</u>	<u>Course or Requirement</u>	<u>Units</u>
NuFS 25 Internship in Fdsvc Mgmt	2	NuFS 113 Fdserv Sys: Mgmt & Proc	3
Bus 20N Survey of Acctg	3	NuFS 192 Field Experience	2
NuFS 114A Community Nutrition	3	NuFS 139 ² Hunger & Env. Nutr (Area R) or	
NuFS 134 Comp Alt Health (S)	3	NuFS 144 Food Culture (Area V)	3
GE. SJSU Studies (Area R or V)	3	NuFS 190 Nutrition Education	3
NuFS 201 Colloquium in NuFS&PKG	<u>3</u>	Major Elective	3
	17	NuFS 295 Research Methodology	<u>3</u>
			17
Fall Semester – Year 5		Spring Semester – Year 5	
<u>Course or Requirement</u>	<u>Units</u>	<u>Course or Requirement</u>	<u>Units</u>
NuFS 217 Issues in Nutr, FS & Pkg	3	MS Electives	3
MS Electives	3	NuFS 257 Biostatistics	3
NuFS 298 MS Project	<u>2</u>	NuFS 298 MS Project	<u>1</u>
	8		7

Notes:

¹NuFS 106A requires passage of WST and co requisite or prerequisite NUFS 100W, NuFS 31.

²NuFS 134 meets Advanced GE Area S; NuFS 139 meets Advanced GE Area R and NuFS 144 meets Advanced GE Area V.

SAGE FOOD MANAGEMENT

	Units
Nutrition Science SAGE Program with Food Management	
Core	12
NuFS 201 Colloquium in Nutrition, Food Science, and Packaging	3
NUFS 217 Issues in Nutrition, Food Science and Packaging	3
NuFS 257 Biostatistics in Research	3
NuFS 295 Research Methodology	3
Required Electives	6
Choose Two Electives Courses:	
NuFS 219A Advanced Nutrition and Metabolism	3
NuFS 219B Seminar in Advanced Topics in Human Nutrition and Dietetics	3
NuFS 242 Advanced Foodservice Management	3
NuFS 243 Nutrition and Dietetics Leadership	3
NuFS 260 Multidisciplinary Health Promotion in Later Life	3
NuFS 290 Advanced Nutrition Education	3
NuFS 216 Seminar in Food Chemistry and Packaging	3
NuFS 220A Advance Medical Nutrition Therapy	3
PKG 270 - Package Design for End Use	3
Undergraduate Courses Double Count	9
Choose Three Courses:	
NuFS 104A Food Culture	3
NuFS 111 Quantity Food Preparation	3
NuFS 113 Foodservice Systems Management & Procurement	3
NuFS 114A Community Nutrition	3
NuFS 190 Nutrition Education	3
Project	3
NuFS 298 MS Project	3
Total	30